

Return to the Earth

A Holistic Retreat for Health, Healing, and Harmony



August 7-12, 2016

Blacktail Ranch, Wolf Creek, Montana

"The practice of Touching the Earth helps us return to the earth and to our roots, and to recognize that we are not alone but connected to a whole stream of spiritual and blood ancestors. We touch the earth to let go of the idea that we are separate and to remind us that we are the earth and part of life." ~Thich Nhat Hanh

Return to the earth at a 5-day retreat in the majestic Montana Rockies. Join JJ Gormley and Scottie Bruch at the Blacktail Ranch for an experience that is beyond the typical yoga retreat. You will delve into daily asana, pranayama, and meditation practices that will nourish your body, breath, and soul; gather empowering and practical herb and nutrient knowledge; and participate in guided individual and group activities that will lead you to re-discover your own connection to the earth.

www.suryachandrahealingyoga.com

www.sturgisyoga.com



Take a walk along the creek to arrive at the Hogan for daily yoga practices



Re-discover your connection to the earth and to your roots



What's Included

Daily Yoga Practices in the Hogan and in Nature
Guided Group/Individual Meditations & Other Activities

5 Nights' Accommodations

3 Organic/Restorative Meals per Day

Daily Healthy Living Class and Discussions

Evening Activities

Space and Time for Being in Nature: Cave

Exploring, Resting in the Shade, Creek

Walking/Hiking/Swimming, Bird Watching, Nature Viewing, Stargazing

Optional Activities (for additional cost)

Massage Services

Yoga Therapy Sessions with JJ

Horseback Riding

Not Included:

Transportation

Any Other "Extras"



Cost

5-Nights in Shared Room (2-4 with Hall Bath), \$1395

Wall-Tent Accommodation, \$995

Upgraded Accommodations (Private Cabin with Private Bath), add \$500

Early Bird (Deposit by February 1), \$1255

Current SCHYS YTTs, \$1075

JJ Gormley and Scottie Bruch

JJ is the director of Surya Chandra Healing Yoga School and leads retreats all over the world. Scottie owns and operates Sturgis Yoga and hosts semi-annual women's retreats in the Black Hills of SD. Together, JJ and Scottie share a love for yoga and healthy living and a passion for creating space for their students to experience all that the yogic lifestyle has to offer.



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